

Get Noshed.....



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Breakfast Sandwiches

Eddie V

Egg, Smoked Gouda & Balsamic Drizzle on an everything bagel panini pressed. Topped with Avocado, Tomato & Onion - 6

Avocado Toast

Multigrain Sprouted Bread topped with Vegan Cashew Spread, Avocado, Tomatoes and sprinkled with Hatteras Sea Salt - 5.50

Bob's Wrap

Egg, Tomato, Cucumber, Red Onion, Spinach, Avocado with Veggie Cream Cheese, drizzled with Balsamic Glaze in a wheat wrap - 6.50

Bruce's Burrito

Egg, Pepper-Jack Cheese, Tomatoes, Red Onion, Salsa and Spinach in a wrap. -5.50

Breakfast Bowl

Spinach, Egg, Avocado, Seasonal Fruit, Candied Walnuts, Balsamic Drizzle & slice of Multigrain Sprouted Bread -8

Tree Hugger

Everything Bagel with Veggie Cream cheese topped with Tomatoes, Cucumbers and Red Onion. -4

Vegan? Vegan Cashew Spread instead of Veg CC

Sunrise

Egg, Chipotle Gouda cheese and Tomatoes on a wheat bagel panini pressed. -4.25

BLT

Bacon, Lettuce, Tomato & Mayo on your choice of bread -6.75

Ben

Bacon, Ham, Egg, Pepper-jack Cheese panini pressed on an Everything bagel and topped with a little Pepperhouse Gourmaise sauce - 6

Bud

Sausage, Egg and Provolone cheese panini pressed on an everything bagel then topped with a little Cajun Remoulade to give it a little zing - 5.25

Walkover

Bacon, Egg and American Cheese panini pressed on a plain bagel. Simple but soft and amazing -5

Hank

Sausage, Egg and Cheddar Cheese panini pressed on a wheat bagel. - 5

Sweet & Salty

Bacon, Egg and American Cheese panini pressed on a Cinnamon-Raisin Bagel. A little sweet and salty -5

Add Bacon, Sausage or Ham 1.50 / Add Avocado \$1 / Add Tomato +.50¢ / Add Veggies .25¢ / Egg .80¢

Bagel with Spread

Bagels: Plain, Everything, Wheat, Cinnamon-Raisin, Blueberry, Gluten Free Bagel Thin or Gluten Free Bread +1

Spreads: Plain CC, Veggie CC, Jalapeno CC, Honey-Walnut CC, Butter, Strawberry or Grape Jam, Peanut Butter or Honey 2.75 **Now offering Vegan Cashew Spread +1**

Deli Sandwiches

Waverider

Chicken, Pepperoni & Provolone on rye bread panini pressed. Topped with lettuce, tomato, banana peppers, red onion & Cajun remoulade sauce. -8.50

Gouda

Turkey, Bacon & Chipotle Gouda Cheese on Wheat bread panini pressed. Topped with lettuce, Tomato and pepperhouse gourmaise sauce. Has a little kick! -8.50

Chuck

Turkey & Feta Cheese on wheat bread panini pressed. Topped with Avocado, Spinach and Balsamic Drizzle -8.75

Mr. B

Roast-beef & Provolone panini pressed on Ciabatta Bread. Topped with Bistro Sauce (Dijon mustard & horseradish) -8

Roastbeef & Cheddar Panini

Roastbeef & Cheddar panini pressed on Rye Bread. Topped with Lettuce, Tomato and Horseradish Sauce -8.75

Italian

Salami, Pepperoni, Ham & Provolone on a hoagie roll panini pressed. Topped with red onion, lettuce and deli dressing -8.50

Shack Club

Turkey, Bacon & American Cheese stacked on 3 slices of toasted bread of your choice. Topped with Lettuce, Tomato & Mayo. -9

Reuben

Corned Beef, Kraut and Swiss Cheese panini pressed to perfection and topped with 1000 island dressing to make it extra yummy. -8.50

Sides: \$1

Cucumber Salad

Potato Salad

Chips

Banana

Apple

Motz

Mozzarella Cheese, Tomatoes, Spinach, Pesto (Vegan) & Balsamic drizzle on Ciabatta bread all panini pressed. -6.50
Add a meat option for +3

Vegan? - Vegan Cashew Spread instead of Mozzarella

Black Bean Burger (Vegan & GF)

House-made and panini pressed on a Pretzel roll. Topped with Avocado, Tomato, Lettuce & Cajun Remoulade. -9

Gluten Free? Ask for GF Bread (+1)

Vegan? Asking for Multi-grain Sprouted Bread & No sauce

Veggie Wrap or Sandwich

House-made Sundried tomato Hummus with Cucumbers, tomatoes, red onions, spinach, lettuce & Deli Dressing on your choice of bread or wrap. - 7.75

Grilled Cheese

You pick the cheese and the bread -5

Kids PBJ

Grape or Strawberry Jam on choice of bread -4

Salads

Beet and Feta

Mixed Greens, beets, Feta Cheese topped with tomatoes and candied walnuts. House-made Balsamic Vinaigrette dressing. -8 Add a chicken breast for \$3

Grapefruit & Avocado

Mixed Greens, fresh cut grapefruit, Avocado, red onion and candied walnuts. House-made Citrus Vinaigrette dressing. - 8 Add a chicken breast for \$3

Chicken Salad or Tuna Salad

House-made Chicken Salad or Tuna Salad on your Choice of bread, wrap or on a bed of greens. -8

Get Wired.....

Coffee & Espresso Bar

Brewed Coffee

Always Hot! Dark, Medium and Decaf brewed. – 1.90/2/2.25

Cold Brew

Steeped 24 hours in house to make a smooth non-acidic delight. 20oz or 32oz Careful you may start shaking! - 3.25/5

Bolt

Espresso shots and you add the coffee of your choice to supercharge your day! – 2.50/3.00/3.50 20oz Iced Available using cold brew & espresso - 4

Americano

Espresso shots with water added to give you a robust cup of Joe. 2.50/3/3.25 - Iced in 20oz available

Chai – Hot or Iced

Torani Chai with milk of choice. Hot 3.25/3.75/4 Iced Chai 4 / Frozen Chai 4.50

Espresso Shots

Single Shot (2oz) 1.00 / Double Shot (4oz) 1.75

Latte

Espresso with steamed milk of choice. -3.75/4.25/4.50 / Add one syrup flavor for additional .50¢

Iced Latte

Espresso with milk of choice over ice. 20oz 4.50 /Add one syrup flavor for additional .50¢

Frozen Latte

Espresso blended with ice and flavor of choice to make a delicious frozen espresso drink. No powders used! 5.25

House Latte & Mocha Flavors

Along with 40 different syrup flavors, we also have the below house favorites: 4.50/5/5.25

Almond Joy Mocha	Coffee Cake Latte
Dirty Chai	Caramel Almond Turtle
Hawaiian Mocha	Hazelnut Shortbread
Mocha	Pumpkins Spice Latte
Salted Heathbar Mocha	Scottish Caramel
Vanilla Spice Latte	White Mocha
Raspberry White Mocha	Caramel Macchiato

Cappuccino

Espresso with steamed milk and foam. – 3.75/4.25/4.50

Café au Lait

Coffee of your choice from the coffee bar and we steam the milk of your choice - 2.75/3.25/3.50

Hot Tea

Select any tea of choice. Served in a 16oz size. 1.75 Extra tea bag +.50. We offer Loose Leaf as well for 2.25

Iced Tea

Fresh Brewed Un-sweet & Sweet 20oz / 32oz – 2.25/3.50

Hot Chocolate or Steamer

Made with Hershey's Syrup or Flavor of choice – 3.25/3.75/4

Smoothie Bar

All Fruit Smoothies! Made with your choice of milk, apple juice or Orange Juice. Add Avocado +1, Add Cucumber or Spinach +.50¢

Milk Options:

Whole Milk

Skim Milk

Upcharge varies for:

Almond Milk

Coconut Milk

Oat Milk

Soy Milk

Breve

Classic

Strawberry and Banana – 5.50

Green Machine

Mango, Pineapple, Spinach, Avocado, Cucumber & Honey – 7.50

Oats & Acai

Oats, Acai, Banana, Strawberry, Peanut Butter w/ Almond Milk – 8.50

Islander

Mango, Banana & Pineapple – 5.50

Day Dream

Mixed Berries, Pineapple & Banana – 5.50

Just Beachy

Strawberry, Mango & Banana – 5.50

Sand Dune

Banana, Chocolate & Peanut Butter – 5.50

Bikini Bottom

Pineapple, Cucumber & Honey – 6

Boardwalk

Banana & Honey – 5.50

Sea Breeze

Strawberry & Mango – 5.50

Coast Guard

Mixed Berries, Spinach, Peanut Butter & Avocado - 7

Tootsie Pop

Strawberry, Chocolate & Banana – 5.50

Build Your Own

Any combination of ingredients. Starts at 5.50

Get Mellow.....

Beer & Wine Bar

Beer Flights

12 Rotating Craft Beer options – All \$5 lots of North Carolina Options!

Beer Flights

Flights of 4 or 6 available. 8 / 11

Mimosa & Mimosa Flights

Mimosa \$6.50 / Flight of 4 different flavors \$11

Cider-Mosa

Brut Cava mixed with cider on tap – Yum! - \$7

Wine by the Glass

White or Red \$6.50 – Chardonnay, Pinot Grigio, Sauv Blanc, Rose, Cab Sauv, Merlot, Malbec, Pinot Noir & Red Blend

Bubbles

Brut Cava / \$6.50

Wine by the Bottle

Grab any bottle, no corkage fee to enjoy some onsite and take the rest with you. Just ask for glasses!

** All Drink Prices Include Tax**

Order using the MobileBytes App and take part in our loyalty program to save money!