

FULL MENU
SERVED
ALL DAY
EST 2011



COFFEE
DELI
MARKET

7AM-2PM
Thursday - Monday
Closed
Tuesday/Wednesday

COFFEE / ESPRESSO / TEA

DRIP COFFEE 2.25/2.50/2.75

Self-Serve Coffee Bar. Dark Roast, Medium/Light Roast & Decaf Available

COLD BREW 4.50/6

Steeped 24 hours in house. Smooth & non-acidic. Add espresso for extra caffeine.

NITRO BREW 6.50/9.50

Cold brew infused with Nitrogen. Smooth and creamy.

AMERICANO 3.25 & UP

Espresso shots diluted with water to coffee strength.

BOLT (HOT OR ICED) 4.15 & UP

Coffee/Cold Brew with shots of espresso for a little extra caffeine. Small: 1 shot, Med & Large: 2 shots.

CHAI 4.25 & UP

Torani Chai with milk of choice. Add espresso for a caffeine kick. Ask for a Dirty Chai!

CAPPUCCINO 4.25 & UP

Espresso with equal parts milk & foam.

LONDON FOG 4.50 & UP

Earl Gray Tea with a hint of Lavender & Vanilla with your choice of steamed milk.

SIZES

HOT	12OZ
	16OZ
	20OZ
ICED	20OZ
	32OZ
FROZEN	20OZ

MILKS

WHOLE	} EXTRA CHARGE
SKIM	
ALMOND	
OAT	
COCONUT	
SOY	

ESPRESSO SHOTS Single \$2 / Double \$3

2oz Shots - Decaf Available

HOT CHOCOLATE/STEAMER 3.50 & UP

Made to order using Hershey's Chocolate Syrup or your Syrup Flavor of choice.

SPECIALTY LATTE 5.50 & UP

Espresso with steamed milk of choice. Flavors listed to the right.

SPECIALTY FLAVORS

CARAMEL MACCHIATO	PEPPERMINT MOCHA
PUMPKIN SPICE	ALMOND JOY MOCHA
CARAMEL SHORTBREAD	CARAMEL ALMOND MOCHA
VANILLA CHAI	RASPBERRY MOCHA
COFFEE CAKE LATTE	SALTED HEATHBAR MOCHA
MILKY WAY	WHITE RASPBERRY MOCHA
DIRTY CHAI	
MOCHA	
WHITE MOCHA	

MATCHA 4.50 & UP

Japanese Green Tea Sweet Matcha mixed with milk of choice.

LATTE 4.25 & UP

Espresso with steamed milk of choice. Add a Syrup Flavor for .75¢

SYRUP FLAVORS .75¢

VANILLA	SF VANILLA
CARAMEL	SF CARAMEL
HAZELNUT	SF HAZELNUT
ALMOND	SF ALMOND
COCONUT	SF COCONUT
BROWN SGR CINN	SF BROWN SGR CINNAMON
ENGLISH TOFFEE	SF ENGLISH TOFFEE
IRISH CREAM	SF IRISH CREAM
FRENCH VANILLA	SF FRENCH VANILLA
RASPBERRY	SF RASPBERRY
CHOCOLATE	SF CHOCOLATE
WHITE CHOCOLATE	SF WHITE CHOCOLATE
PEPPERMINT	SF PEPPERMINT
PUMPKIN PIE	SF PUMPKIN PIE
SALTED CARAMEL	VANILLA BEAN
AMARETTO	GINGERBREAD
MAPLE	CANE SUGAR
PISTACHIO	EGGNOG
LAVENDER	CINNAMON
BUTTER PECAN	APPLE
BUTTER RUM	TOASTED MARSHMALLOW
BUTTERSCOTCH	PEANUT BUTTER
BANANA	MACADAMIA NUT
BLUEBERRY	
CREME DE MENTHE	

MILK/CHOCOLATE 2.00 & UP

Milk of choice. Made to order using Hershey's Chocolate Syrup or your Torani Flavor of choice.

HOT TEA 2.50

You can pick from a large selection of Black, Green or Herbs Teas. Extra tea bags are .50¢

ICED TEA 2.78 / 3.71

Self-Serve Bar. 4 options: Sweet & Un-Sweet Black tea, Raspberry Herbal & Green Tea Passion Fruit.

BEER / WINE

BEER/WINE/CIDER/PROSECCO

10 Rotating Craft Brews - Draft list on the TV by register. Red & White Wines by the glass and Prosecco on draft.

MIMOSA OR MIMOSA FLIGHT 8/ 18

1 Glass or a flight. Flight has 4 juice options. Ask for juice options when ordering.

MIMOSA BUCKET 27

1 bottle of Sparkling wine paired with 1 juice. 3 Options: Prosecco, Cava/Brut or Rose.

SMOOTHIES



CLASSIC 7

Strawberry and Banana / Whole Milk
Simple but delicious!

GREEN MACHINE 10

Mango/Pineapple/Spinach/Avocado/
Cucumber/Honey/Coconut Milk
A little tropical delight!

DAY DREAM 7.75

Blueberries/Strawberries/Pineapple/
Banana/Apple Juice

MATCHA SMOOTHIE 10

Matcha/Banana/Mango/Avocado/
Spinach/Honey/ Almond Milk

SAND DUNE 7.75

Chocolate/Banana/Peanut
Butter/Whole Milk
Add 2 shots of espresso for caffeine

OATS & ACAI 10

Oats/Acai/Banana/Strawberry/
Peanut Butter/Oat milk.
Like an Acai bowl, just drinkable!

JUST BEACHY 7.75

Strawberry/Mango/Banana/
Apple Juice

TUTTI FRUTTI 10

Strawberries/Blueberries/Banana/
Protein Powder/ Coconut Milk

COAST GUARD 10

Blueberries/Strawberries/Spinach/
Peanut Butter/Avocado / Almond Milk

ISLANDER 7.75

Mango/Banana/Pineapple /
Orange Juice

ADD IN'S

ACAI	2	AVOCADO	1.75	PEANUT BUTTER	.75
PROTEIN POWDER	2	MATCHA	1.75	SPLIT IN 2 CUPS	.75
OATS	1.25	CHOCOLATE	.75		
DBL ESPRESSO	3	HONEY	.75		



BREAKFAST SANDWICHES

BEN 9.25
Bacon & ham, egg and pepperjack cheese panini pressed on an everything bagel with house-made peppercorn mayo.

WALKOVER 6.50
Bacon, egg and American cheese panini pressed on a plain bagel.

HANK 6.50
Sausage, egg and cheddar cheese panini pressed on a wheat bagel.

HOT EDDIE 11.25
Bacon, Egg & Hatch Chili Cheddar cheese panini pressed on an everything bagel. We add a little balsamic glaze, avocado, tomato, onion & our house-made Cajun Mayo for the perfect spicy flavor.

BUD 7.25
Sausage, egg and provolone cheese panini pressed on an everything bagel with a little house-made Cajun mayo.

BRUCE'S BURRITO 7.25
Egg, pepperjack cheese, tomato, red onion, spinach & salsa in a wrap lightly panini pressed. Be sure to add Bacon, Sausage or Ham if desired.

AVOCADO TOAST 10
2 slices of Multigrain sprouted wheat bread toasted with vegan cashew spread, avocado, sliced tomatoes and sprinkled with Hatteras rosemary sea salt.

TREE HUGGER 5
Everything bagel toasted with veggie cream cheese, tomato, cucumber, and red onion.

EDDIE 8.50
Egg, smoked gouda cheese & balsamic glaze panini pressed on an Everything bagel with avocado, tomato & onion for the perfect flavor combination.

BOB'S WRAP 9.50
Egg, Veggie Cream Cheese, tomato, cucumber, red onion, spinach, avocado & a light drizzle of balsamic glaze in a wrap lightly panini pressed. Fresh & Delicious!

SWEET & SALTY 6.50
Bacon, egg and American cheese panini pressed on a cinnamon-raisin bagel.

B.L.T 7.50
Bacon, lettuce, tomato, and mayo on your choice of toasted bread (White, Wheat or Rye) or bagel.

BREAKFAST BOWL 9
Spinach, egg, avocado, seasonal fruit, sunflower seeds & balsamic glaze drizzle with a slice of toasted multigrain sprouted wheat bread in a bowl.

BAGEL W/ SPREAD OR B.Y.O 3.25 & UP
Build your own using ingredients of your choice or just a simple bagel with cream cheese.

SIDES

FRUIT CUP 6
OVERNIGHT OATS 8.50
POTATO SALAD 4
CUCUMBER SALAD 4
CHIPS Vary
APPLE OR BANANA 1

BAGELS

PLAIN
EVERYTHING
WHEAT
CINNAMON-RAISIN
BLUEBERRY

GLUTEN FREE

G.F. PLAIN BAGEL
G.F. WHITE BREAD

BREADS

WHITE BREAD
WHEAT BREAD
RYE BREAD
MULTI GRAIN- SPROUTED
SUB ROLL
WRAP
PRETZEL BUN
CIABATTA

CREAM CHEESE & SPREADS

PLAIN GRAPE JAM
VEGGIE STRAWBERRY JAM
JALAPENO PEANUT-BUTTER
HONEY-WALNUT HONEY
VEGAN CASHEW SPREAD BUTTER
4oz, 8oz or 12oz Side options

CHEESE

AMERICAN HATCH CHILI CHEDDAR
CHEDDAR SMOKED GOUDA
SWISS FETA
PROVOLONE MOZZARELLA
PEPPERJACK

PROTEIN

EGG CORNED BEEF
BACON CHICKEN SALAD
HAM TUNA SALAD
SAUSAGE(TURKEY) BLACK BEAN BURGER
CHICKEN PEPPERONI
TURKEY SALAMI
ROAST BEEF

TOPPINGS

TOMATO JALAPENOS
RED ONION BANANA PEPPERS
CUCUMBER SAUERKRAUT
SPINACH PICKLES
LETTUCE SUNDRIED TOMATO HUMMUS

SAUCES

MAYO HONEY MUSTARD
CAJUN MAYO DELI MUSTARD
PEPPERCORN MAYO 1000 ISLAND
DELI DRESSING BALSAMIC GLAZE
YELLOW MUSTARD KETCHUP
HORSERADISH SAUCE SALSA

DELI SANDWICHES

WAVERIDER 11.50
Chicken, pepperoni & provolone cheese on rye bread panini pressed. Topped with lettuce, tomato, banana peppers, red onion & Cajun mayo.

GOUDA 10.75
Turkey, bacon & smoked gouda cheese on wheat bread panini pressed. Topped with lettuce, tomato, and peppercorn mayo.

CHUCK 10.75
Turkey & feta cheese on wheat bread panini pressed. Topped with avocado, spinach, and balsamic glaze.

ITALIAN 11
Salami, pepperoni & ham w/ provolone cheese on a sub roll panini pressed. Topped with red onion, lettuce, and house-made Italian dressing.

SHACK CLUB 10.75
Turkey, bacon & american cheese stacked on 3 slices of toasted bread of your choice. Topped with lettuce, tomato & mayo.

MR. B 9
Roast beef & provolone on ciabatta bread panini pressed. Topped with Cajun mayo & house made horseradish sauce.

ROAST BEEF & CHEDDAR 10
Roast beef & cheddar cheese on rye bread panini pressed. Topped with lettuce, tomato, and horseradish sauce.

REUBEN 9.25
Corned beef, sauerkraut and swiss cheese on rye bread panini pressed and topped with 1000 Island.

CHICKEN SALAD/TUNA SALAD 10
House-made on your choice of bread, wrap or on a bed of greens includes lettuce & tomato.

KID OPTIONS

GRILLED CHEESE 5.50
White Bread with American Cheese. You can choose a different cheese or bread, just ask.

PB & J 4
Strawberry or Grape Jam with Peanut Butter on White, Wheat or Rye bread

KID'S MEAT & CHEESE 7
Turkey, Chicken, Ham, Salami, or Pepperoni with choice of cheese, and only 2 toppings on choice of bread. No double meat available on kid's

VEGGIE/VEGAN OPTIONS

BLACK BEAN BURGER 10.75
House-made bean burger on a pretzel bun panini pressed. Topped with avocado, tomato, lettuce & Cajun mayo. Can be made Gluten Free & Vegan.

MOTZ 9
Mozzarella cheese, tomatoes, spinach, pesto (No Nuts & Vegan) with balsamic glaze on ciabatta bread panini pressed. You can add a meat or make Vegan, just ask.

VEGGIE 10
House-made sundried tomato white bean hummus with cucumber, tomato, red onion, spinach, lettuce & house-made Italian dressing on your choice of bread or wrap.

BEET & FETA SALAD 10
Lettuce & spinach mix with beets, feta cheese, tomato, and sunflower seeds. House-made balsamic vinaigrette dressing on the side.

GRAPEFRUIT & AVOCADO SALAD 10
Lettuce & spinach mix with fresh cut grapefruit, avocado, red onion, and sunflower seeds. House-made Citrus Vinaigrette dressing on the side.